

# Winmarleigh Church of England Primary School



*Enjoy - Believe - Achieve*

## PE Policy

**Overview** When children leave our school, we want them to be able to go on to their chosen High School with certain characteristics. We want them to be kind, understanding, patient and caring and always ready to learn. In order to achieve this, our school will deliver a curriculum which ensures that children are given opportunities to:

1. Develop their knowledge and understanding of the National Curriculum subjects, and achieve their full potential
2. Collaborate with others confidently and respectfully in a variety of different ways
3. Be fully prepared for the next stage of their education and life in modern Britain
4. Develop their experiences of diversity and how this benefits our local and national communities

### Intent

1. To help children become physically active and to help them understand the importance of physical activity in leading active and healthy lives.
2. To help children develop appropriate skills as they participate in a broad range of physical activities
3. To give children the opportunities to enjoy and engage in competitive sports, games and other co-operative physical activities, in a range of increasingly challenging situations.
4. To help children develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and co-ordination, individually and with others.
5. To teach all children fundamental swimming skills.

### Implementation

1. We will use the national curriculum for physical education to underpin our teaching and learning. Teachers will utilise the Lancashire Physical Education Planning scheme as a basis to deliver engaging and enriching experiences for the children. Teachers will ensure that all pupils, including those with SEND, are appropriately included and challenged in all lessons in order to make progress.
2. We will teach children how to master basic fundamental movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
3. We will provide opportunities for children to participate in team games and competitive games which will be modified where appropriate [for example, tennis, netball, rounders, cricket, football, hockey and tag rugby], and apply basic principles suitable for attacking and defending.
4. We will provide opportunities for children to enjoy modern educational dance and to perform dances using simple movement patterns.
5. Pupils will be taught to apply and develop a broad range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
6. Appropriate physical activities will be used develop flexibility, strength, technique, control and balance through athletics and gymnastics.
7. Children will take part in appropriate outdoor and adventurous activity challenges both individually and within a team.
8. Pupils will be encouraged to compare their performances with previous ones and demonstrate improvement to achieve their personal best.
9. The subject leader will coordinate with a wide community of schools in the local area to ensure that children have the opportunity to participate in challenging and meaningful competitive activities that deepen and extend pupils skills.
10. Before they leave school they will be taught to swim competently, confidently and proficiently over a distance of at least 25 metres using a range of strokes.
11. Pupils will be taught to perform safe self-rescue in different water-based situations.
12. Teachers will assess children's work in PE through formative and summative judgements by; observing learners during lessons and by asking questions and listening during evaluation activities. Feedback on specific skills will be provided in lessons where appropriate. Teachers will complete the unit assessment and termly assessment formats provided by the subject leader

13. The PE leader will support the teaching and learning of physical education by; providing strategic leadership and direction, monitoring progress and standards across the school, reviewing and revising the physical education policy, monitoring and supporting teachers in the teaching of physical education, keeping staff up to date on new developments in physical education, monitoring the effectiveness of the planning and development of physical education, auditing, monitoring the effective and appropriate use of resources and obtaining new resources.

**Impact**

Through our physical education curriculum, pupils will develop an understanding of how to develop and improve their knowledge, skills and understanding of physical education in different physical activities and sports and learn how to evaluate and recognise their own success. They will enjoy communicating, collaborating and competing with each other as they exercise their bodies and build their skills.

Revised and adopted by the Governing Body - Date: April 2023

Review date: April 2024